

Escape 2017 Retreat Dietary Needs Form

Please let us know of any special or dietary requirements you may have, so that we can make appropriate adjustments to the menu.

Name:

Dietary Requirements

Please check as appropriate:

- Vegetarian
- Vegan
- Gluten Free
- Low fat
- Sugar Free (Diabetic or low blood sugar)
- Dairy Free
- Other _____

If you have checked any of the above, please give details below.

Do you have any food allergies? Please give details.